

SKI BASH 2010
February 17- 19, 2010
Wisp Ski Resort, Deep Creek Lake, MD
Hosted By Baltimore Adapted Recreation and Sports
in cooperation with
Three Rivers Adaptive Sports and Three Trackers of Ohio

Dear Skiers,

We are excited to announce that SKI BASH is returning to Wisp Ski Resort in McHenry, Maryland. For those of you new to *SKI BASH*, it is a ski clinic for persons of all ages with disabilities and all skiing ability from the never ever to the expert. Certified ski instructors will be on hand to provide top quality instruction using the latest in adapted skiing equipment, all of which is provided for your use. Great discounts are also available for your family and friends, details are outlined below.

Wisp Ski Resort is a short 3 hour drive from Baltimore, Washington, DC and even closer for Pittsburgh residences. For our friends in Ohio, it's about 4 hours. It is accessible mainly by major roads; however, keep in mind, you are driving into the mountains (we are skiing after all).

Please read the following details in their entirety then call with your questions.

When: February 17 -19, 2010. It is not necessary to attend all three days, although we'd love to have you and it's a nice little vacation. Make the trip fit your schedule.

Where: *Wisp Ski Resort*. Once registered, directions will be sent.

You can visit their web site at www.wispresort.com and explore driving times on your favorite map website.

Registration Fees: Daily fees include your lift ticket, a 2 1/2 hour private lesson, use of any necessary adapted equipment, ski/snowboard rental, and lunch.

\$45 per day for host chapter, current members (BARS, TRAS, Three Trackers of Ohio)

\$55 per day for non-members

\$25 per day if you have your own equipment and DO NOT need or want a lesson**

** This means that you are independent with loading/off loading the chair lift. If you are not , you must pay for a lesson. If you have your own equipment but would still like a lesson to further improve your skiing, simply sign up for a lesson for the days you are interested, and free ski the rest. You will be paired up with an instructor appropriate for your skiing level. To ensure safety, we reserve the right to assess your lift loading and unloading prior to giving out a lift ticket.

Lessons: Each skier is guaranteed ONE 2 1/2 hour lesson per day. There are two lesson sessions each day: am 9 - 11:30 and pm 1 - 3:30. Be aware of these times when you complete the lesson preference section. Lesson time requests are given on a first come basis. If you want to guarantee that you ski both sessions, you must pay for both in advance. Parents

need to be available to retrieve your child during their lesson time - we DO NOT child sit!

Adaptive Snow Board Lessons: We will be offering adapted snow boarding lessons for individuals who can stand (with or without adapted equipment). You can ski one day and board the next. Check the registration form if you are interested in being evaluated.

Equipment: All necessary equipment is provided during the time of your lesson. Due to limited supplies of certain equipment, you cannot always be guaranteed the ski that you want, however, we do our best. Adapted equipment is only available for use **during your lesson**

Personal Equipment: We require all sit down equipment have a chair lift safety retention strap and evacuation system installed on the unit.

Helmets: We require that all skiers wear a helmet. We have helmets available for use, however, if you have your own **bring it**. *Program helmets are only available for use during your lesson.*

Weight limit: Please be advised that there is a weight limit. This is for your safety. If you have any concerns or questions, please call Pamela prior to the event.

Personal Care: We do not provide personal care, you must provide that person

Transportation: You are responsible for your own transportation to/from the resort.

Meals: As stated earlier, lunch is included in your registration fee. For your convenience, we will also offer the following **optional** meals for you and your family:

Breakfast: Breakfast will be available at the resort for individual purchase

Lunch: for family members and friends: **\$10 per person per day** (available on site for \$12)
With your lunch coupon, you will choose from a variety of menu options each day

Buffet Dinners: Dinners are optional but must be purchased in advance since they are catered by the hotel for you and your family members/friends. The cost is **\$16 per person per day for adults and \$8.00 for children 12 and under and children under 5 are free.**

Wednesday: 2 Pastas with 2 different sauces, garlic bread, tossed salad, dessert, iced tea, coffee, water, and lemonade

Thursday: Baked chicken, mashed potatoes, gravy, vegetable, tossed salad, dessert, iced tea, coffee, lemonade, water (vegetarian option available)

If you want the vegetarian option, please indicate this on your registration form. The resort will only make the number requested in advance.

Family Member Skiing Discounts: In addition to the above mentioned meal discounts for family and friends, thanks to the generosity of Wisp Resort, we are also offering discounted lift ticket and equipment rental.

- Lift tickets can be purchased in advance for: \$22/day or \$25/day on site
- Rental can be purchased in advance for \$17/day or on site for \$20/day

Family Lessons: Family members interested in skiing or snowboarding lessons will need to take lessons through the Ski School at the resort. Group lessons are available for \$20 per person; private lessons are \$85 per hour. Call 301 387-4911 and follow the prompts for more information and to make your reservations

Skiing/boarding programs for kids - Wisp offers both full and half day on snow programs for children ages 3 - 14 for skiing and 6 - 14 for snow boarding. Call (301) 387-4911 and follow the prompts to get more information and to make your reservations.

Child Care: Wisp does have on site child care. Although they do accept drop-ins, it is HIGHLY recommended that you make your reservations in advance. The price is \$69 half day, \$89 full day. Call (301) 387-4911 and follow the prompts to make your reservations.

Wednesday - Kids Night Out - Wisp offers child care from 6 - 9 pm each Wednesday night to allow for some "adult time". The cost is \$45 - call (301) 387-4911 for more information

Refund Policy: Cancellations to attend SKI BASH made by February 1st will receive a full refund. Cancellations made between February 2nd and February 8th will be charged a \$20 cancellation fee. Cancellations after February 8 will NOT receive a refund! These refunds are for fees paid to BARS, not to Wisp. The hotel has its own cancellation policy.

To Register: Complete the enclosed forms truthfully and in their entirety**and return them to the BARS office along with your check or money order made payable to BARS **BY FEBRUARY 8th**. I recommend that you return them ASAP to ensure yourself a lesson, especially if you have specific times you want to ski (ie, am or pm). DO NOT CALL THE BARS OFFICE TO RESERVE A "SPOT"; LESSON TIMES ARE ASSIGNED ON A FIRST COME, FIRST SERVED BASIS Return forms and payment to:

BARS PO Box 878 Sparks, MD 21152

** The personal information form is confidential and is only used to ensure the safety of you or your relative while enabling us to provide the best skiing experience possible. If information is left out that is critical to you/your relatives skiing or functional ability we reserve the right to end a lesson immediately without refund. Complete registration forms will be processed in order received. Incomplete forms will be returned.

If you have any SKI RELATED questions, contact Pamela between 9am - 4pm at (443) 491 - 3227

Other activities on site at Wisp Resort

Indoor Pool/Hot Tub: The hotel does have an indoor pool and hot tub so don't forget your suits

Snow tubing: For those of you who do not ski or if you want to fill your down time, Wisp has a snow tubing park. This is NOT part of the SKI BASH program, but can be pursued on your own. The price is \$15 per person open riding from 3 - 9 pm.

Mountain Coaster: Wisp has a very cool mountain coaster (a "roller coaster" on the mountain) that is open all year. The cost is \$10 per ride or 3 rides/\$25

Sewickly Spa - there is a spa on-site. For more information on their services you can visit their website at www.sewickleyspa.com or call (301) 387-7000

Apré Ski Social Events

Wednesday - each Wednesday, the resort has a locals night, with entertainment in the lounge.

Thursday: 8:30 - midnight - We will be hosting a free concert at the hotel so bring your dancing shoes! The band has not yet been determined.

Lodging

Wisp Resort Hotel

Room Rates is \$85 + tax for double occupancy

Check in is 5 pm Check out is 11 am

We will be staying and hosting the event at the Wisp Resort Hotel. **This is a ski in, ski out hotel**, meaning it is right on the mountain and everything will be in one location. No driving required once on site. The hotel has an indoor pool and hot tub, fitness room, game room, bar and restaurants on site.

Hotel Rooms and Accessibility: The hotel has handicapped accessible rooms; however, keep in mind that these will go quickly. When you call to make your reservations, ask about the type of shower in each room. The remaining hotel rooms come in two different styles: those that are standard rooms (one big room) with either one or two beds. The other rooms have two separate rooms/living areas and use both standard beds and murphy beds (beds that pull out of the wall). These rooms are easy to share and still maintain privacy. The doors to the bathroom in the hotel rooms vary in width, however, the hotel will do it's best to make rooms more accessible (remove bathroom doors). If you **MUST** have a tub bench - I suggest you bring one with you!

To make your room reservation call 800-462-9477. Tell them that you are with "**BARS**" to receive the discounted rate. When making your reservation, let them know if you use a wheelchair so they can put you in the proper type of room.

To ensure you get the discounted rate, your reservations must be made by January 16th. After that date, the hotel can release the remaining rooms in the block for the general public's use and charge full price for the rooms
The hotel has a 14 day cancellation policy

Comfort Inn

If you do not want to stay at the Wisp Resort Hotel, $\frac{1}{2}$ mile down the road is the Comfort Inn. The rooms go for \$110 - \$140 per night.

There is another Comfort Inn approximately 15 miles away and the rate is \$80/night

House & Condo Rentals

There are a lot of houses/condos available for rent at Wisp as well. You will have to contact local rental agencies to inquire about pricing and availability